

2008 MIAC Women's Outdoor Honor Rolls

Last updated May 19, 2008. Includes all results of MIAC Championships.

"*" indicates event not run at MIAC Championships, but which can qualify an athlete. "C" indicates Converted time. Original times also listed.

Click on the "event" links to move about the results. To list all performances submitted for a particular athlete or team, [click here](#)  New!

[Click here](#) for data on men

100 METER DASH

=====	NCAA Automatic	12.00	
=====	NCAA Provisional	12.35	
Jenna Ewing	1 St. Thomas	12.58	4/30 Tommie Twilight
Nikki Arola	2 St. Thomas	12.59	4/30 Tommie Twilight
Abby Neigebauer	1 St. Benedict	12.69	5/3 Ron Masanz Invitati
Kate Staat	4 St. Thomas	12.73	5/9-10 MIAC Championshi
Nicole Brohmer	3 Hamline	12.75[+0.5w]	5/9-10 MIAC Championshi
Vanessa Moore	3 Bethel	12.75	5/3 Ron Masanz Invitati
Jamie Wenzel	1 St. Catherine	12.75[+4.4w]	5/4 Meet of the UnSaint
Teri Heinzen	2 Saint Mary's	12.81[+0.5w]	5/9-10 MIAC Championshi
Whitney Holman	2 Augsburg	12.96	3/22 Dr. Pepper Invite
Linda Kanne	3 Gustavus	13.03[+0.5w]	5/9-10 MIAC Championshi
10			
Chi Chi Obi	3 St. Catherine	13.06[+3.9w]	5/4 Meet of the UnSaint
Danielle Serbus	1 Gustavus	13.07[+3.9w]	5/4 Meet of the UnSaint
Madelyn Mette	2 Macalester	13.09[+3.9w]	5/4 Unsaintly Meet
Mari Mejia	1 Macalester	13.11[+3.9w]	5/4 Unsaintly Meet
Mary Otis	3 Concordia Moorhead	13.11[+1.9w]	4/25 Janvrin Open
Kelsey Donald	2 Carleton	13.15	4/30 Tommie Twilight
Autumn Adkins	4 Bethel	13.15	4/30 Tommie Twilight
Shionna Evans	3 St. Thomas	13.15[+3.0w]	4/5 Wartburg Select Mee
Tami Klenke	4 Hamline	13.17[-1.3w]	5/9-10 MIAC Championshi
Lizzy Daugherty	1 Saint Mary's	13.21	5/2 Central Open
20			
Jessica Nordness	4 Augsburg	13.27[+3.9w]	5/4 Meet of the UnSaint
Annie Clintsman	4 St. Benedict	13.27	5/3 Ron Masanz Invitati
Val Koch	2 Saint Mary's	13.27	5/2 Central Open
Jennae Palmer	4 Bethel	13.29	5/3 Ron Masanz Invitati
Julia Thompson	1 Gustavus	13.32[+3.9w]	5/4 Meet of the UnSaint
Angela Lindekugel	2 Hamline	13.37	5/4 Unsaintly
Bridget Coffou	1 Saint Mary's	13.38	5/2 Central Open
Kristina Bruns	3 Concordia Moorhead	13.39	5/3 MSU-M Masanz Classi
Janie Briant	1 Gustavus	13.53[+3.9w]	5/4 Meet of the UnSaint
Brasil Perez-Lukes	1 Carleton	13.57	3/22 Point Loma Nazaren
30			
Leah Jackson	3 Bethel	13.58[-1.3w]	5/9-10 MIAC Championshi
Selina Dehn	4 St. Thomas	13.59[-0.4w]	4/19 Manitou Classic
Jana Gracyzk	1 St. Benedict	13.59	4/5 Wartburg Select
Cassie D'Kae	2 St. Thomas	13.71[+4.9w]	4/5 Wartburg Select Mee
Anna Toombs	3 Bethel	13.72	5/3 Ron Masanz Invitati
Celeste Prince	2 Macalester	13.73[+0.5w]	5/9-10 MIAC Championshi
Doryne Tunanukye	4 St. Thomas	13.73[+2.8w]	5/4 St. Thomas Invitati
Allison Mills	2 St. Olaf	13.80[+0.2w]	5/4 St. Thomas Invitati
Kaitlyn Bolly	1 Concordia Moorhead	13.91	4/19 UM-Morris Invite
Sarah Sorvaag	4 Concordia Moorhead	13.92[-0.3w]	4/13 NDSU Bison Open
40			
Hannah Zelmer	1 St. Olaf	14.03[+2.8w]	5/4 St. Thomas Invitati
Jessica Taylor	4 St. Thomas	14.15[+2.8w]	5/4 St. Thomas Invitati
=====	Last 2007 qualifier	14.16	
Alyssa Salomone	3 St. Thomas	14.17[-0.4w]	4/19 Manitou Classic
Amanda Bakken	2 Concordia Moorhead	14.26	5/3 MSU-M Masanz Classi
Sheryl West	4 St. Olaf	14.37[-0.4w]	4/19 Manitou Track Clas
Alesha Green	1 St. Olaf	14.39	4/30 Tommie Twilight
Britta Torkelson	1 St. Olaf	14.50	4/30 Tommie Twilight
Alex Dunn	1 Carleton	14.58	4/30 Tommie Twilight
Erin Hencley	1 Concordia Moorhead	14.78	4/26 Al Cassell Relays
Laura Peterson	2 St. Olaf	15.01[+2.8w]	5/4 St. Thomas Invitati
50			
Agnes Kigwana	3 Augsburg	15.13[+3.4w]	5/4 Meet of the UnSaint
Kate Helmich	2 St. Olaf	15.28[+2.8w]	5/4 St. Thomas Invitati
Sadie Meller	1 Carleton	15.29[-1.6w]	4/5 Hamline Invitationa
Pepsi Margoles	3 Carleton	16.06	3/22 Point Loma Nazaren

100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 100H | 400H
 STEEP | 4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT
 HJ | PV | HEP | Top

200 METER DASH

=====	NCAA Automatic	24.57	
Nikki Arola	2 St. Thomas	24.85[+0.7w]	5/9-10 MIAC Championshi
=====	NCAA Provisional	25.32	
Nicole Brohmer	3 Hamline	25.57	5/9-10 MIAC Championshi
Kate Staat	4 St. Thomas	25.95	5/9-10 MIAC Championshi
Teri Heinzen	2 Saint Mary's	26.11	5/9-10 MIAC Championshi
Shionna Evans	3 St. Thomas	26.19[+0.7w]	5/9-10 MIAC Championshi
Vanessa Moore	3 Bethel	26.36	5/3 Ron Masanz Invitati
Jenna Ewing	1 St. Thomas	26.38[+2.5w]	5/4 St. Thomas Invitati
Jamie Wenzel	1 St. Catherine	26.42[+0.7w]	5/9-10 MIAC Championshi
Kelsey Donald	2 Carleton	26.57	5/9-10 MIAC Championshi
Linda Kanne	3 Gustavus	26.62	5/9-10 MIAC Championshi
10			
Kristin Slette	2 Concordia Moorhead	26.65[+0.7w]	4/15 Cobber Twilight
Abby Neigebauer	1 St. Benedict	26.78	5/9-10 MIAC Championshi
Whitney Holman	2 Augsburg	26.85	3/22 Dr. Pepper Invite
Molly Demmer	2 St. Thomas	26.86[+0.7w]	5/9-10 MIAC Championshi
Val Koch	2 Saint Mary's	26.90	5/9-10 MIAC Championshi
Selina Dehn	4 St. Thomas	26.94[+1.9w]	5/4 St. Thomas Invitati
Jennae Palmer	4 Bethel	26.95[+0.7w]	5/9-10 MIAC Championshi
Megan Krumrie	3 Augsburg	26.96	3/22 Dr. Pepper Invite
Laura Deal	1 St. Benedict	27.01	5/9-10 MIAC Championshi
Becky Theisen	1 St. Thomas	27.02[+0.7w]	5/9-10 MIAC Championshi
20			
Kim Engel	1 St. Catherine	27.04[+0.7w]	5/9-10 MIAC Championshi
Leah Kay	2 Concordia Moorhead	27.04	5/2 MIAC Heptathlon
Kaelene Lundstrum	2 Gustavus	27.10	5/1 MIAC heptathlon
Cassie D'Kae	2 St. Thomas	27.13	5/9-10 MIAC Championshi
Julianna Gorder	1 St. Thomas	27.16[+0.7w]	5/9-10 MIAC Championshi
Kayla Engel	1 St. Catherine	27.27	5/4 Meet of the Unsaint
Mary Otis	3 Concordia Moorhead	27.31	4/13 Team Nodak Heptath
Jamie Kelly	1 Hamline	27.32	5/1 MIAC Multi
Tara Ray	2 Concordia Moorhead	27.41	5/2 MIAC Heptathlon
Lizzy Daugherty	1 Saint Mary's	27.42	5/2 Central Open
30			
Rosa Gauthier-Culnane	1 Hamline	27.44[-1.5w]	4/5 Hamline Invite
Danielle Serbus	1 Gustavus	27.51[+2.6w]	5/4 Meet of the UnSaint
Jessica Nordness	4 Augsburg	27.52	5/9-10 MIAC Championshi
Jillian Daleidan	1 St. Benedict	27.57	3/29 CSB/SJU Invitation
Huldeh Omesa	2 Bethel	27.64[+4.5w]	4/5 Central Invitationa
Alexa Kleingartner	1 Concordia Moorhead	27.73	4/13 NDSU Bison Open
=====	Last 2007 qualifier	27.74	
Patty King	3 St. Benedict	27.80[+0.6w]	4/15 Cobber Twilight
Autumn Adkins	4 Bethel	27.83	5/9-10 MIAC Championshi
Janie Briant	1 Gustavus	27.90[+2.4w]	5/4 Meet of the UnSaint
Kathleen Pawlowski	2 Saint Mary's	27.90	5/2 Central Open
40			
Madelyn Mette	2 Macalester	27.92[+2.4w]	5/4 Unsaintly Meet
Julia Thompson	1 Gustavus	27.95	5/9-10 MIAC Championshi
Alison Millis	1 St. Olaf	27.99	4/30 Tommie Twilight
Doryne Tunanukye	4 St. Thomas	28.00[+0.3w]	5/4 St. Thomas Invitati
Chi Chi Obi	3 St. Catherine	28.13	4/19 Manitou Classic
Celeste Prince	2 Macalester	28.15[+2.4w]	5/4 Unsaintly Meet
Brasil Perez-Lukes	1 Carleton	28.18	3/22 Point Loma Nazaren
Michaela Otto	2 Bethel	28.28	4/30 Tommie Twilight
Annie Clintsman	4 St. Benedict	28.30	5/3 Ron Masanz Invitati
Katrina Deal	1 St. Benedict	28.30[+0.6w]	4/15 Cobber Twilight
50			
Leah Jackson	3 Bethel	28.34	5/3 Ron Masanz Invitati
Bekah Frank	1 St. Thomas	28.38[+1.9w]	5/4 St. Thomas Invitati

Tami Klenke	4 Hamline	28.41	3/15 Point Loma
Belinda Allen	3 Bethel	28.47[+4.5w]	4/5 Central Invitationa
Alyssa Salomone	3 St. Thomas	28.49	4/30 Tommie Twilight
Katlin Anderson	3 Concordia Moorhead	28.50	4/13 Team Nodak Heptath
Becca Neuger	1 St. Olaf	28.53	4/30 Tommie Twilight
Jennifer Ampe	1 St. Catherine	28.55	3/20 West Valley Invite
Allison Mills	2 St. Olaf	28.58[+0.3w]	5/4 St. Thomas Invitati
Cathy Reeves	2 St. Thomas	28.58	4/30 Tommie Twilight

60

Angela Lindekugel	2 Hamline	28.61	3/15 Point Loma
Maddie Mette	2 Macalester	28.61[-2.8w]	4/5 Hamline Invite
Ruth Ranum	1 Concordia Moorhead	28.63	4/19 UM-Morris Invite
Kristina Bruns	3 Concordia Moorhead	28.78	4/19 UM-Morris Invite
Ashley Stoffer	1 Concordia Moorhead	28.80	3/29 CSB/SJU Invite
Kim Eskuri	1 St. Benedict	28.81[+0.6w]	4/15 Cobber Twilight
Janie Bryant	1 Gustavus	28.83	4/19 Manitou Classic
Sheryl West	4 St. Olaf	28.85[+0.3w]	5/4 St. Thomas Invitati
Ashley Aggen	1 St. Benedict	28.91	5/1 MIAC Heptathlon Cha
Anna Toombs	3 Bethel	28.92[-1.4w]	4/19 Manitou Classic

70

Mari Mejia	1 Macalester	29.04[-1.5w]	4/19 Manitou Classic
Bridget Coffou	1 Saint Mary's	29.06	4/5 Falcon Invite
Jhanelle Latore	1 Macalester	29.25	3/29 CSB Invite
Kyla Walter	1 Carleton	29.37[-0.7w]	4/19 Manitou Classic
Kaitlyn Boily	1 Concordia Moorhead	29.48	5/3 MSU-M Masanz Classi
Hannah Zelmer	1 St. Olaf	29.62[+2.8w]	5/4 St. Thomas Invitati
Yusi He	3 Carleton	29.68[-0.7w]	4/19 Manitou Classic
Katie Brown	1 St. Benedict	29.68[+0.6w]	4/15 Cobber Twilight
Alesha Green	1 St. Olaf	29.69[-1.4w]	4/19 Manitou Track Clas
Sarah Meissner	3 St. Catherine	29.75	4/30 Tommie Twilight

80

Kelsie Lungstrom	2 Augsburg	29.80	3/22 Dr. Pepper Invite
Macey Bentley	1 Concordia Moorhead	29.89[+2.3w]	4/5 Northern St. Open
Jessica Taylor	4 St. Thomas	29.90[+0.3w]	5/4 St. Thomas Invitati
Melissa Elverud	2 St. Catherine	30.07	4/19 Manitou Classic
Lizzie Phillips	2 St. Olaf	30.14	4/30 Tommie Twilight
Alex Dunn	1 Carleton	30.21	4/30 Tommie Twilight
Emilee Traxler	1 Augsburg	30.34	3/22 Dr. Pepper Invite
Erin Hencley	1 Concordia Moorhead	30.45	4/19 UM-Morris Invite
Britta Torkelson	1 St. Olaf	30.75	4/30 Tommie Twilight
Kheri Robinson	1 Macalester	31.01[+1.3w]	4/5 Hamline Invite

90

Brittney Christianson	3 Concordia Moorhead	31.26	4/13 NDSU Bison Open
Sadie Meller	1 Carleton	31.52	4/30 Tommie Twilight
Laura Peterson	2 St. Olaf	31.53[+2.3w]	5/4 St. Thomas Invitati
Kate Helmich	2 St. Olaf	32.00[+2.3w]	5/4 St. Thomas Invitati
Agnes Kigwana	3 Augsburg	32.21	3/22 Dr. Pepper Invite
Molly Conway	4 Macalester	32.22	3/29 CSB Invite
Camille McGoven	2 Concordia Moorhead	32.28	3/29 CSB/SJU Invite
Michelle Mueller	1 St. Benedict	32.40	3/29 CSB/SJU Invitation
Amanda Rolik	3 Concordia Moorhead	32.49	4/13 NDSU Bison Open
Pepsi Margoles	3 Carleton	33.47	4/30 Tommie Twilight

100

100 entrants

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
[HJ](#) | [PV](#) | [HEP](#) | [Top](#)

400 METER DASH

=====	NCAA Automatic	55.90	
Nikki Arola	2 St. Thomas	56.81	5/9-10 MIAC Championshi
=====	NCAA Provisional	57.50	
Jillian Daleidan	1 St. Benedict	58.28	5/9-10 MIAC Championshi
Elizabeth Pringle	3 Gustavus	59.00	5/9-10 MIAC Championshi
Jamie Wenzel	1 St. Catherine	59.00	5/9-10 MIAC Championshi
Kristin Slette	2 Concordia Moorhead	59.24	4/13 NDSU Bison Open

Chelsea Craven	2	Gustavus	59.32	5/9-10 MIAC Championshi
Shionna Evans	3	St. Thomas	59.51	5/4 St. Thomas Invitati
Abby Karl	1	Gustavus	59.83	5/4 Meet of the UnSaint
Patty King	3	St. Benedict	59.96	5/9-10 MIAC Championshi
Kim Engel	1	St. Catherine	60.15	5/4 Meet of the UnSaint
10				
Brittany Kuehn	1	Saint Mary's	60.38	5/9-10 MIAC Championshi
Kelsey Donald	2	Carleton	60.45	4/30 Tommie Twilight
Alison Millis	1	St. Olaf	60.50	4/19 Manitou Track Clas
Kameron Argiannis	1	Hamline	60.54	4/5 Hamline Invite
Molly Demmer	2	St. Thomas	60.71	5/9-10 MIAC Championshi
Megan Krumrie	3	Augsburg	60.89	5/9-10 MIAC Championshi
Becca Neuger	1	St. Olaf	60.97	5/9-10 MIAC Championshi
Alyx Chapman	2	St. Benedict	61.06	5/9-10 MIAC Championshi
Kayla Engel	1	St. Catherine	61.28	5/4 Meet of the UnSaint
Sarah Meissner	3	St. Catherine	61.31	5/9-10 MIAC Championshi
20				
Becky Theisen	1	St. Thomas	61.63	4/30 Tommie Twilight
Bekah Frank	1	St. Thomas	61.71	5/4 St. Thomas Invitati
Raynee DeGrio	1	St. Thomas	61.83	4/25 Kip Janvrin Invita
Huldeh Omesa	2	Bethel	61.93	4/5 Central Invitationa
Laura Cook	1	St. Olaf	62.26	5/4 St. Thomas Invitati
Cathy Reeves	2	St. Thomas	62.40	5/9-10 MIAC Championshi
Laura Deal	1	St. Benedict	62.43	5/3 Ron Masanz Invitati
Amanda Manship	2	St. Catherine	62.71	4/5 Hamline Invite
Nicole Novak	4	St. Olaf	62.79	5/9-10 MIAC Championshi
Katlin Anderson	3	Concordia Moorhead	62.86	3/29 CSB/SJU Invite
30				
Belinda Allen	3	Bethel	62.99	5/9-10 MIAC Championshi
Sheryl West	4	St. Olaf	63.50	5/9-10 MIAC Championshi
Cassie D'Kae	2	St. Thomas	63.71	5/9-10 MIAC Championshi
Brady Pennig	1	St. Olaf	64.07	4/30 Tommie Twilight
Kathleen Pawlowski	2	Saint Mary's	64.17	4/5 Falcon Invite
Amy Neubauer	1	Bethel	64.31	4/5 Central Invitationa
Ashley Keefe	4	Bethel	64.83	4/19 Manitou Classic
Kim Eskuri	1	St. Benedict	64.96	4/19 Manitou Classic
Kate Sidlo	2	Gustavus	65.02	4/19 Manitou Classic
Jennifer Ampe	1	St. Catherine	65.65	3/20 West Valley Invite
40				
Melissa Elverud	2	St. Catherine	65.87	4/30 Tommie Twilight
Rachel Glissman	2	Hamline	65.95	4/19 Manitou Classic
Emily Bina	1	St. Benedict	66.35	4/5 Wartburg Select
=====		Last 2007 qualifier	66.60	
Katrina Deal	1	St. Benedict	66.72	4/30 Tommie Twilight
Lizzie Phillips	2	St. Olaf	67.26	4/19 Manitou Track Clas
Sara Holland	1	Hamline	68.54	4/19 Manitou Classic
Lan Nguyen	3	St. Olaf	68.84	5/4 St. Thomas Invitati
Kelsie Lungstrom	2	Augsburg	68.93	3/22 Dr. Pepper Invite
Kaitlyn Boily	1	Concordia Moorhead	69.62	4/26 Al Cassell Relays
Jessica Taylor	4	St. Thomas	69.75	5/4 St. Thomas Invitati
50				
Yusi He	3	Carleton	71.63	3/22 Point Loma Nazaren
51 entrants				

100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 100H | 400H
STEEP | 4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT
HJ | PV | HEP | Top

800 METER RUN

=====		NCAA Automatic	2:11.50	
Erin Sprangers	2	St. Thomas	2:11.66	5/9-10 MIAC Championshi
Katie Theisen	3	St. Thomas	2:13.16	5/4 St. Thomas Invitati
Marie Borner	2	Bethel	2:14.62	4/19 Manitou Classic
=====		NCAA Provisional	2:15.00	
Kelly Russ	2	St. Thomas	2:15.55	5/4 St. Thomas Invitati
Raynee DeGrio	1	St. Thomas	2:15.56	5/9-10 MIAC Championshi
Sara Burns	4	Hamline	2:16.65	4/30 Tommie Twilight

Katherine Wingert	4	Carleton	2:16.93	3/22 Point Loma Nazaren
Megan Lundgren	1	Gustavus	2:18.11	5/4 Meet of the UnSaint
Kaylee Rasmussen	4	St. Benedict	2:18.39	5/9-10 MIAC Championshi
Alex Potter	1	Bethel	2:18.41	5/9-10 MIAC Championshi
10				
Laura Cook	1	St. Olaf	2:20.04	5/9-10 MIAC Championshi
Laura Roach	2	Carleton	2:20.32	5/4 Meet of the UnSaint
Ashley Irons	1	St. Benedict	2:21.15	4/15 Cobber Twilight
Tara McCoy	1	Macalester	2:21.66	5/9-10 MIAC Championshi
Molly Noel	1	St. Benedict	2:21.85	5/9-10 MIAC Championshi
Lindsey Saunders	4	St. Olaf	2:22.48	5/9-10 MIAC Championshi
Betsy Hupp	2	St. Thomas	2:23.06	5/4 St. Thomas Invitati
Alison Millis	1	St. Olaf	2:23.07	5/4 St. Thomas Invitati
Abby Smith	2	St. Olaf	2:23.72	5/4 St. Thomas Invitati
Kameron Argiannis	1	Hamline	2:24.07	5/4 Unsaintly
20				
Lauren Milne	4	Carleton	2:24.13	5/4 Meet of the UnSaint
Anna Hagen	2	Concordia Moorhead	2:24.17	5/3 MSU-M Masanz Classi
Amanda Manship	2	St. Catherine	2:24.86	5/9-10 MIAC Championshi
Jess Kociasak	1	Hamline	2:24.96	4/19 Manitou Classic
Sam Madsen	3	Gustavus	2:25.00	4/19 Manitou Classic
Brady Pennig	1	St. Olaf	2:25.13	5/4 St. Thomas Invitati
Brittany Kuehn	1	Saint Mary's	2:25.14	4/5 Falcon Invite
Anna Hankins	2	Macalester	2:25.25	4/19 Manitou Classic
Leah Kay	2	Concordia Moorhead	2:25.90	5/2 MIAC Heptathlon
Amanda Simon	4	Concordia Moorhead	2:26.26	5/9-10 MIAC Championshi
30				
Alyx Chapman	2	St. Benedict	2:26.26	4/5 Wartburg Select
Ali Parsons	4	Concordia Moorhead	2:27.56	4/13 NDSU Bison Open
Erin Murphy	2	St. Olaf	2:27.70	5/9-10 MIAC Championshi
Christina Roberts	4	St. Olaf	2:27.80	4/30 Tommie Twilight
Jenna Carlson	3	St. Olaf	2:28.36	5/4 St. Thomas Invitati
Jamie Wenzel	1	St. Catherine	2:28.38	3/20 West Valley Invite
Brittney Christianson	3	Concordia Moorhead	2:28.65	4/17 Kansas Relays
Robin Major	1	Macalester	2:29.48	4/19 Manitou Classic
Steph Kortan	1	St. Benedict	2:29.52	5/9-10 MIAC Championshi
Marci Burg	2	St. Catherine	2:30.24	5/9-10 MIAC Championshi
40				
Kayla Jelen	1	Bethel	2:30.47	4/5 Central Invitationa
Michelle Eberhard	2	St. Benedict	2:30.81	5/9-10 MIAC Championshi
Kim Carlson	1	Augsburg	2:30.83	4/5 Hamline Invite
Bekah Frank	1	St. Thomas	2:31.03	4/30 Tommie Twilight
Hannah Carlson	4	Bethel	2:31.22	5/9-10 MIAC Championshi
Rachel Glissman	2	Hamline	2:31.42	4/5 Hamline Invite
Sara Holland	1	Hamline	2:32.05	5/4 Unsaintly
Raychal Zupancich	4	Gustavus	2:32.17	5/9-10 MIAC Championshi
Joanna Pace	1	Saint Mary's	2:32.22	4/30 Tommie Twilight
Michelle Benson	1	Bethel	2:32.47	5/9-10 MIAC Championshi
50				
Hailey Brenden	1	Concordia Moorhead	2:33.17	3/29 CSB/SJU Invite
Kara Orwoll	2	St. Benedict	2:33.47	5/9-10 MIAC Championshi
Emily Amici	3	Hamline	2:33.80	5/1 MIAC Multi
Katlin Anderson	3	Concordia Moorhead	2:34.38	4/14 Team Nodak Heptath
Kristie Bronson	3	St. Catherine	2:34.63	4/5 Hamline Invite
Caitlin Molsberry	4	St. Olaf	2:34.75	5/9-10 MIAC Championshi
Anna Sandquist	3	St. Benedict	2:34.80	5/9-10 MIAC Championshi
Martha McCarthy	1	St. Thomas	2:35.10	4/19 Manitou Classic
Kim Hest	1	Concordia Moorhead	2:35.19	5/9-10 MIAC Championshi
Kendra Bengtson	3	Concordia Moorhead	2:37.64	4/15 Cobber Twilight
60				
Rachel Pedersen	1	Concordia Moorhead	2:37.66	3/29 CSB/SJU Invite
Anastasia Begej	1	Macalester	2:37.89	4/30 Tommie Twilight
Ashley Acosta	2	Saint Mary's	2:38.29	4/30 Tommie Twilight
Alice Deden	3	St. Olaf	2:38.90	4/30 Tommie Twilight
Chelsea Martens	4	Concordia Moorhead	2:39.45	4/26 Al Cassell Relays
Julia Brandes	1	St. Thomas	2:39.60	4/30 Tommie Twilight
Kathleen Pawlowski	2	Saint Mary's	2:40.08	4/18 Phil Esten Challen
Megan Wagner	3	Saint Mary's	2:40.13	4/5 Falcon Invite
Callie Thuma	2	Macalester	2:40.27	4/5 Hamline Invite
Tara Ray	2	Concordia Moorhead	2:40.79	5/2 MIAC Heptathlon

Brianna McLuen	1	Augsburg	2:40.90	5/4 Meet of the Unsaint
Deanna Tollefson	2	St. Olaf	2:42.09	5/4 St. Thomas Invitati
Katie Duwell	3	St. Olaf	2:42.12	4/30 Tommie Twilight
Emily Bina	1	St. Benedict	2:42.34	4/30 Tommie Twilight
Camille McGoven	2	Concordia Moorhead	2:42.60	5/3 MSU-M Masanz Classi
Ali Vance	2	St. Thomas	2:43.24	4/19 Manitou Classic
=====		Last 2007 qualifier	2:43.56	
Lan Nguyen	3	St. Olaf	2:43.72	4/19 Manitou Track Clas
Sarah Peloquin	4	Augsburg	2:43.78	5/4 Meet of the Unsaint
Kelsie Lungstrom	2	Augsburg	2:43.91	4/30 Tommie Twilight
Sarah Meissner	3	St. Catherine	2:43.93	4/5 Hamline Invite
80				
Elizabeth Leslie	4	St. Olaf	2:44.32	4/30 Tommie Twilight
Sarah Forzley	2	Carleton	2:44.49	4/19 Manitou Classic
Ashley Aggen	1	St. Benedict	2:44.84	5/1 MIAC Heptathlon Cha
Margaret Engelhardt	1	Carleton	2:45.30	4/5 Hamline Invitationa
Amy Leach	3	St. Olaf	2:48.44	4/19 Manitou Track Clas
Amanda Rolik	3	Concordia Moorhead	2:55.37	5/3 MSU-M Masanz Classi
Hannah Sinnwell	2	St. Olaf	2:59.21	4/30 Tommie Twilight
Mandy Burns	1	Bethel	2:59.68	4/19 Manitou Classic
Mary Otis	3	Concordia Moorhead	3:01.31	4/14 Team Nodak Heptath
Anne Dutton	1	St. Olaf	3:08.60	4/30 Tommie Twilight
90				
Rachel Sudermann	1	Concordia Moorhead	3:35.0	4/13 NDSU Bison Open
91 entrants				

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
[HJ](#) | [PV](#) | [HEP](#) | [Top](#)

1500 METER RUN

Marie Borner	2	Bethel	4:32.49	5/9-10 MIAC Championshi
=====		NCAA Automatic	4:32.50	
Katherine Wingert	4	Carleton	4:38.78	4/5 Hamline Invitationa
=====		NCAA Provisional	4:40.00	
Kelly Russ	2	St. Thomas	4:40.55	5/9-10 MIAC Championshi
Heather Jelen	3	Bethel	4:44.93	5/3 Ron Masanz Invitati
Kristin Haubrich	4	St. Benedict	4:45.72	4/30 Tommie Twilight
Sara Burns	4	Hamline	4:47.41	5/9-10 MIAC Championshi
Laura Roach	2	Carleton	4:48.89	4/30 Tommie Twilight
Abby Smith	2	St. Olaf	4:49.71	5/9-10 MIAC Championshi
Lauren Milne	4	Carleton	4:53.10	5/9-10 MIAC Championshi
Kaylee Rasmussen	4	St. Benedict	4:54.10	5/3 Ron Masanz Invitati
10				
Greta Sieve	2	St. Catherine	4:54.26	5/4 Meet of the Unsaint
Ashley Irons	1	St. Benedict	4:54.91	5/3 Ron Masanz Invitati
Hailey Brenden	1	Concordia Moorhead	4:55.28	5/3 MSU-M Masanz Classi
Kalsey Larson	4	St. Thomas	4:55.89	5/9-10 MIAC Championshi
Margot Branigan	2	St. Benedict	4:55.91	3/29 CSB/SJU Invitation
Kayla Jelen	1	Bethel	4:57.39	5/9-10 MIAC Championshi
Katy Torchia	1	St. Benedict	4:57.54	5/9-10 MIAC Championshi
Jess Kociasak	1	Hamline	4:57.63	5/9-10 MIAC Championshi
Britney Barnett	1	Concordia Moorhead	4:57.65	5/9-10 MIAC Championshi
Christina Roberts	4	St. Olaf	4:57.80	5/9-10 MIAC Championshi
20				
Libby Tollefson	1	Macalester	4:58.29	4/30 Tommie Twilight
Julie Anderson	4	St. Thomas	4:58.34	4/19 Manitou Classic
Freya Fitzer	3	Hamline	4:58.78	5/4 Unsaintly
Karen Campbell	3	Carleton	5:01.12	4/30 Tommie Twilight
Molly Noel	1	St. Benedict	5:02.54	5/3 Ron Masanz Invitati
Allie Metzler	1	St. Thomas	5:02.91	5/4 St. Thomas Invitati
Casey Baustian	4	St. Olaf	5:04.76	5/4 St. Thomas Invitati
Sarah Forzley	2	Carleton	5:05.57	5/9-10 MIAC Championshi
Marci Burg	2	St. Catherine	5:06.23	4/30 Tommie Twilight
Kim Koecheler	4	Saint Mary's	5:06.26	4/30 Tommie Twilight
30				
Tina Koecheler	4	Saint Mary's	5:06.32	5/9-10 MIAC Championshi

Maria Middleton	4	Concordia Moorhead	5:06.67	4/13 NDSU Bison Open
Kristie Bronson	3	St. Catherine	5:06.70	4/5 Central Inviational
Nikki Reich	2	Carleton	5:07.78	4/30 Tommie Twilight
Anna Hagen	2	Concordia Moorhead	5:07.86	4/15 Cobber Twilight
Anastasia Begej	1	Macalester	5:08.53	5/9-10 MIAC Championshi
Alice Deden	3	St. Olaf	5:09.38	5/9-10 MIAC Championshi
Amanda Simon	4	Concordia Moorhead	5:09.43	4/13 NDSU Bison Open
Laura Sofen	2	Carleton	5:09.96	4/30 Tommie Twilight
Annie Knutson	3	St. Olaf	5:10.61	5/4 St. Thomas Invitati
40				
Becca Arnhalt	1	St. Benedict	5:10.70	4/30 Tommie Twilight
Angie Mumbleau	4	Bethel	5:12.12	5/9-10 MIAC Championshi
Meagan Hansen	4	Concordia Moorhead	5:12.26	3/22 Disney Invitationa
Ali Parsons	4	Concordia Moorhead	5:12.64	3/22 Disney Invitationa
Hannah Carlson	4	Bethel	5:12.70	5/9-10 MIAC Championshi
Katie Duwell	3	St. Olaf	5:12.75	5/9-10 MIAC Championshi
Rachel Pedersen	1	Concordia Moorhead	5:14.07	3/22 Disney Invitationa
Rebecca Spurr	1	St. Olaf	5:17.30	5/4 St. Thomas Invitati
Marit Swartout	4	St. Benedict	5:18.28	5/3 Ron Masanz Invitati
Kate Meyer	3	Carleton	5:18.61	4/30 Tommie Twilight
50				
Emily Schur	2	Macalester	5:19.54	4/5 Hamline Invite
=====		Last 2007 qualifier	5:20.31	
Nellie Adams	2	St. Olaf	5:20.89	4/30 Tommie Twilight
Callie Thuma	2	Macalester	5:21.06	5/9-10 MIAC Championshi
Sarah Stergios	3	St. Benedict	5:21.27	5/3 Ron Masanz Invitati
Laura Murphy	4	St. Benedict	5:21.96	3/29 CSB/SJU Invitation
Chelsea Martens	4	Concordia Moorhead	5:22.04	5/3 MSU-M Masanz Classi
Kelly Brandon	1	St. Benedict	5:24.38	4/30 Tommie Twilight
Laura Melcher	4	St. Olaf	5:25.64	5/4 St. Thomas Invitati
Rachel Morrissey	3	Bethel	5:26.03	5/3 Ron Masanz Invitati
Emily Kanten	1	Concordia Moorhead	5:27.69	5/9-10 MIAC Championshi
60				
Joanna Pace	1	Saint Mary's	5:27.92	4/5 Falcon Invite
Molly Maxbauer	3	St. Benedict	5:29.33	4/5 Wartburg Select
Kate Alexander	2	Carleton	5:29.51	4/19 Manitou Classic
Caitlin Schnettler	1	St. Benedict	5:31.05	4/30 Tommie Twilight
Julia Brandes	1	St. Thomas	5:31.07	5/4 St. Thomas Invitati
Brooke Beskau	1	Gustavus	5:31.80	4/19 Manitou Classic
Jenna Pederson	4	Gustavus	5:32.58	5/4 Meet of the Unsaint
Lauren Bostrom	1	Concordia Moorhead	5:32.75	4/13 NDSU Bison Open
Margaret Engelhardt	1	Carleton	5:32.91	4/19 Manitou Classic
Anna Dixon	1	St. Benedict	5:33.35	4/5 Wartburg Select
70				
Kim Carlson	1	Augsburg	5:34.15	4/19 Manitou Classic
Amy Bernston	2	St. Olaf	5:34.25	4/19 Manitou Track Clas
Lindsay Smith	1	St. Benedict	5:34.60	4/5 Wartburg Select
Amy Leach	3	St. Olaf	5:36.72	4/30 Tommie Twilight
Kaelly Simpson	3	St. Benedict	5:39.43	5/3 Ron Masanz Invitati
Deanna Tollefson	2	St. Olaf	5:39.75	4/19 Manitou Track Clas
Karyn Peterson	1	Gustavus	5:39.92	5/4 Meet of the Unsaint
Raychal Zupancich	4	Gustavus	5:40.79	4/19 Manitou Classic
Christi Nowak	2	St. Benedict	5:41.37	4/5 Wartburg Select
Rachel Rothendler	1	Carleton	5:42.97	4/5 Hamline Invitationa
80				
Brianna McLuen	1	Augsburg	5:44.71	4/5 Hamline Invite
Jessie Lee	4	St. Benedict	5:45.00	5/3 Ron Masanz Invitati
Kym Koenig	4	St. Benedict	5:45.63	3/29 CSB/SJU Invitation
Mandy Burns	1	Bethel	5:46.00	5/3 Ron Masanz Invitati
Jamie Klein	2	St. Olaf	5:46.63	4/30 Tommie Twilight
Kim Hest	1	Concordia Moorhead	5:47.08	4/13 NDSU Bison Open
Kelsey Bratlie	2	Concordia Moorhead	5:47.0	5/3 MSU-M Masanz Classi
Elizabeth Whitt	2	St. Olaf	5:48.58	4/19 Manitou Track Clas
Megan Fetterhoff	4	Macalester	5:49.43	5/4 Unsaintly Meet
Diana Tastad	1	St. Catherine	5:49.82	4/5 Hamline Invite
90				
Andrea Swentik	4	St. Benedict	5:50.30	4/30 Tommie Twilight
Emily Seidl	1	St. Catherine	5:55.88	4/5 Hamline Invite
Sara Gottlieb	2	Macalester	5:56.81	4/30 Tommie Twilight
Morgan Davis	1	Saint Mary's	5:57.33	4/5 Falcon Invite
Camille McGoven	2	Concordia Moorhead	6:00.44	4/19 UM-Morris Invite

Kristi Kobluk	4 St. Olaf	6:00.82	5/4 St. Thomas Invitati
Anne Dutton	1 St. Olaf	6:02.09	4/19 Manitou Track Clas
Mackenzie Ferguson	1 Saint Mary's	6:02.09	4/18 Phil Esten Challen
Caity Hannahan	1 Macalester	6:05.97	4/19 Manitou Classic
Caitlin Hannahan	1 Macalester	6:05.97	4/19 Manitou Classic
100			
Davi Moeller	2 St. Olaf	6:15.20	4/19 Manitou Track Clas
Hannah Sinnwell	2 St. Olaf	6:18.91	5/4 St. Thomas Invitati
102 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
[HJ](#) | [PV](#) | [HEP](#) | [Top](#)

MILE RUN*

=====	NCAA Automatic	4:54.30	
=====	NCAA Provisional	5:02.40	
0 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
[HJ](#) | [PV](#) | [HEP](#) | [Top](#)

3000 METER RUN

Allie Metzler	1 St. Thomas	10:55.78	4/19 Manitou Classic
Katie Drinane	3 Hamline	10:59.48	3/15 Point Loma
Alissa Pajer	4 Carleton	11:44.95	4/19 Manitou Classic
Kira Spencer	2 Macalester	11:49.92	4/19 Manitou Classic
Christi Nowak	2 St. Benedict	12:00.16	4/19 Manitou Classic
Rachel Rothendler	1 Carleton	12:18.03	4/19 Manitou Classic
6 entrants			

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[STEEP](#) | [4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#)
[HJ](#) | [PV](#) | [HEP](#) | [Top](#)

5000 METER RUN

=====	NCAA Automatic	16:55.00	
=====	NCAA Provisional	17:35.00	
Margot Branigan	2 St. Benedict	17:56.21	5/9-10 MIAC Championshi
Laura Edlund	4 Gustavus	17:57.56	5/9-10 MIAC Championshi
Julie Anderson	4 St. Thomas	18:00.67	5/9-10 MIAC Championshi
Hailey Brenden	1 Concordia Moorhead	18:05.48	5/9-10 MIAC Championshi
Kristin Haubrich	4 St. Benedict	18:17.58	5/9-10 MIAC Championshi
Karen Campbell	3 Carleton	18:19.94	4/5 Hamline Invitationa
Allie Metzler	1 St. Thomas	18:20.74	5/9-10 MIAC Championshi
Jenna Carlson	3 St. Olaf	18:21.72	5/9-10 MIAC Championshi
Nikki Umhoefer	4 Bethel	18:27.17	4/19 Manitou Classic
Irene Koplinka-Loehr	2 Carleton	18:28.57	4/5 Hamline Invitationa
10			
Vanessa Jones	2 Gustavus	18:43.37	5/9-10 MIAC Championshi
Greta Sieve	2 St. Catherine	18:44.95	3/20 West Valley Invite
Maria Middleton	4 Concordia Moorhead	18:45.01	5/9-10 MIAC Championshi
Annie Knutson	3 St. Olaf	18:47.63	5/9-10 MIAC Championshi
Nikki Reich	2 Carleton	18:47.90	5/9-10 MIAC Championshi
Libby Tollefson	1 Macalester	18:55.16	5/9-10 MIAC Championshi
Michaela McLaughlin	2 St. Olaf	18:57.04	5/9-10 MIAC Championshi
Katie Drinane	3 Hamline	19:07.50	4/5 Hamline Invite

Britney Barnett	1	Concordia Moorhead	19:12.90	5/9-10 MIAC Championshi
Jackie Kelly	4	St. Olaf	19:22.25	5/9-10 MIAC Championshi
20				
Angie Mumbleau	4	Bethel	19:28.81	5/9-10 MIAC Championshi
Meagan Hansen	4	Concordia Moorhead	19:30.92	5/9-10 MIAC Championshi
Kristie Bronson	3	St. Catherine	19:31.18	4/19 Manitou Classic
Laura Sofen	2	Carleton	19:34.75	4/5 Hamline Invitationa
Emily Dee	1	Saint Mary's	19:36.23	5/9-10 MIAC Championshi
Rebecca Spurr	1	St. Olaf	19:36.44	5/9-10 MIAC Championshi
Alissa Pajer	4	Carleton	19:36.46	5/9-10 MIAC Championshi
Nellie Adams	2	St. Olaf	19:42.63	5/9-10 MIAC Championshi
Emily Dunn	3	Macalester	19:43.50	5/9-10 MIAC Championshi
Laura Melcher	4	St. Olaf	19:45.63	4/19 Manitou Track Clas
30				
Kira Spencer	2	Macalester	19:47.27	5/9-10 MIAC Championshi
Jill Fagerstrom	3	Gustavus	19:51.89	4/30 Tommie Twilight
Rachel Pedersen	1	Concordia Moorhead	19:52.74	3/22 Disney Invite
Christi Nowak	2	St. Benedict	20:00.65	5/9-10 MIAC Championshi
Danielle Miller	1	Saint Mary's	20:06.61	5/9-10 MIAC Championshi
Piera von Glahn	1	Macalester	20:08.48	4/30 Tommie Twilight
Lindsay Smith	1	St. Benedict	20:27.70	3/29 CSB/SJU Invitation
Laura Murphy	4	St. Benedict	20:28.10	4/30 Tommie Twilight
Whitney Walter	4	Carleton	20:29.61	4/5 Hamline Invitationa
Molly Maxbauer	3	St. Benedict	20:32.78	3/29 CSB/SJU Invitation
40				
=====		Last 2007 qualifier	20:52.17	
Diana Tastad	1	St. Catherine	21:00.68	4/30 Tommie Twilight
Rachel Morrissey	3	Bethel	21:08.32	4/19 Manitou Classic
Tara Dewitt	2	St. Benedict	21:13.22	3/29 CSB/SJU Invitation
Emily Kanten	1	Concordia Moorhead	21:18.29	4/19 UM-Morris Invite
Lauren Bostrom	1	Concordia Moorhead	21:20.62	4/15 Cobber Twilight
Ashley Stoffers	4	Augsburg	21:23.63	4/5 Hamline Invite
Elissa Butler	2	Macalester	21:27.43	4/19 Manitou Classic
Emily Seidl	1	St. Catherine	21:36.08	4/19 Manitou Classic
Chelsea Martens	4	Concordia Moorhead	21:49.58	4/15 Cobber Twilight
Megan Fetterholf	4	Macalester	21:58.52	4/19 Manitou Classic
50				
Kelsey Bratlie	2	Concordia Moorhead	22:18.69	3/22 Disney Invite
Kim Hest	1	Concordia Moorhead	23:28.10	3/22 Disney Invite
52 entrants				

100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 100H | 400H
STEEP | 4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT
HJ | PV | HEP | Top

10000 METER RUN

=====		NCAA Automatic	35:48.00	
Margot Branigan	2	St. Benedict	37:20.01	5/9-10 MIAC Championshi
Hailey Brenden	1	Concordia Moorhead	37:32.03	5/9-10 MIAC Championshi
=====		NCAA Provisional	37:40.00	3/29 CSB/SJU Invitation
Karen Campbell	3	Carleton	38:08.77	5/9-10 MIAC Championshi
Jenna Carlson	3	St. Olaf	38:36.16	4/19 Manitou Track Clas
Nikki Umhoefer	4	Bethel	39:09.55	4/25 Drake Relays
Maria Middleton	4	Concordia Moorhead	39:21.75	5/9-10 MIAC Championshi
Jackie Kelly	4	St. Olaf	39:35.54	4/19 Manitou Track Clas
Irene Koplinka-Loehr	2	Carleton	39:44.71	4/19 Manitou Classic
Katie Drinane	3	Hamline	40:01.87	5/9-10 MIAC Championshi
Jill Fagerstrom	3	Gustavus	40:09.90	4/19 Manitou Classic
10				
Kristin Haubrich	4	St. Benedict	40:35.17	4/15 Cobber Twilight
Meagan Hansen	4	Concordia Moorhead	40:49.38	5/9-10 MIAC Championshi
Laura Sofen	2	Carleton	40:51.40	5/9-10 MIAC Championshi
Rachel Pedersen	1	Concordia Moorhead	41:58.52	4/17 Kansas Relays
Laura Murphy	4	St. Benedict	42:33.03	5/9-10 MIAC Championshi
Lindsay Smith	1	St. Benedict	43:21.04	5/9-10 MIAC Championshi
Ashley Stoffers	4	Augsburg	43:41.32	5/9-10 MIAC Championshi
Tara Dewitt	2	St. Benedict	45:01.60	4/19 Manitou Classic

Rachel Morrissey
19 entrants

3 Bethel

5/9-10 MIAC Championshi

100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 100H | 400H
STEEP | 4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT
HJ | PV | HEP | Top

100 METER HURDLES

=====	NCAA Automatic	14.40	
Laura Janas	2 St. Thomas	15.00[+2.8w]	5/9-10 MIAC Championshi
=====	NCAA Provisional	15.00	
Melissa Kuebler	1 St. Thomas	15.19[+2.8w]	5/9-10 MIAC Championshi
Aryn Bell	3 Gustavus	15.35[+2.8w]	5/9-10 MIAC Championshi
Chi Chi Obi	3 St. Catherine	15.49[+2.8w]	5/9-10 MIAC Championshi
Michaela Otto	2 Bethel	15.67	4/30 Tommie Twilight
Alexa Kleingartner	1 Concordia Moorhead	15.73	4/5 Northern St. Open
Kaelene Lundstrum	2 Gustavus	15.87[+2.8w]	5/9-10 MIAC Championshi
Mary Otis	3 Concordia Moorhead	15.91[+1.2w]	4/13 Team Nodak Heptath
Amy Neubauer	1 Bethel	16.11[+2.8w]	5/9-10 MIAC Championshi
Tara Ray	2 Concordia Moorhead	16.38	5/2 MIAC Heptathlon
10			
Leah Kay	2 Concordia Moorhead	16.43	5/2 MIAC Heptathlon
Katie Brown	1 St. Benedict	16.58	4/30 Tommie Twilight
Brasil Perez-Lukes	1 Carleton	16.59	5/4 Meet of the UnSaint
Kathryn Thompson	2 St. Olaf	16.59	5/4 St. Thomas Invitati
Brasil Perez-Lucus	1 Carleton	16.59	5/4 Meet of the UnSaint
Emily Amici	3 Hamline	16.69[+2.8w]	5/9-10 MIAC Championshi
Angela McGehee	1 St. Thomas	16.74	4/30 Tommie Twilight
Brittney Kolstad	1 Concordia Moorhead	16.95	4/26 Al Cassell Relays
Jamie Kelly	1 Hamline	17.14	3/15 Point Loma
Katlin Anderson	3 Concordia Moorhead	17.23[+2.0w]	4/13 Team Nodak Heptath
20			
Bridget Coffou	1 Saint Mary's	17.34	5/2 Central Open
Ashley Aggen	1 St. Benedict	17.39	5/1 MIAC Heptathlon Cha
Jhanelle Latore	1 Macalester	17.41[+2.1w]	5/4 Unsaintly Meet
Emilee Traxler	1 Augsburg	17.61	3/22 Dr. Pepper Invite
Rachel Meemken	1 Hamline	17.67[+1.1w]	5/9-10 MIAC Championshi
Kaitlin Rattigan	1 St. Thomas	17.70[+1.1w]	5/9-10 MIAC Championshi
Beth Anderson	1 St. Benedict	17.78	5/3 Ron Masanz Invitati
Gina Michaels	1 St. Thomas	17.79	5/4 St. Thomas Invitati
Macey Bentley	1 Concordia Moorhead	17.88	5/3 MSU-M Masanz Classi
Alesha Green	1 St. Olaf	18.03	4/30 Tommie Twilight
30			
Kyla Walter	1 Carleton	18.11	4/5 Hamline Invitationa
Danielle Braun	4 Saint Mary's	18.26	4/18 Phil Esten Challen
Kayla Johnson	2 St. Olaf	18.27	5/4 St. Thomas Invitati
Laura Secor	1 Gustavus	18.47	4/19 Manitou Classic
Janey Helland	1 Gustavus	18.78	4/19 Manitou Classic
Yusi He	3 Carleton	19.56	4/19 Manitou Classic

36 entrants

100 | 200 | 400 | 800 | 1500 | 3000 | 5000 | 10000 | 100H | 400H
STEEP | 4X100 | 4X400 | 4X800 | LJ | TJ | SP | DT | HT | JT
HJ | PV | HEP | Top

400 METER HURDLES

=====	NCAA Automatic	62.00	
Katie Theisen	3 St. Thomas	63.34	5/9-10 MIAC Championshi
Kameron Argiannis	1 Hamline	63.82	5/9-10 MIAC Championshi
=====	NCAA Provisional	64.14	
Nikki Arola	2 St. Thomas	64.80	4/19 Manitou Classic
Kathryn Thompson	2 St. Olaf	65.06	5/9-10 MIAC Championshi

Melissa Kuebler	1 St. Thomas	65.07	5/9-10 MIAC Championshi
Laura Secor	1 Gustavus	66.15	5/9-10 MIAC Championshi
Tara Ray	2 Concordia Moorhead	67.10	5/3 MSU-M Masanz Classi
Ashley Keefe	4 Bethel	67.80	5/9-10 MIAC Championshi
Kayla Engel	1 St. Catherine	67.83	5/9-10 MIAC Championshi
Janey Helland	1 Gustavus	68.01	5/9-10 MIAC Championshi
10			
Amy Neubauer	1 Bethel	68.78	5/3 Ron Masanz Invitati
Laura Janas	2 St. Thomas	68.82	5/9-10 MIAC Championshi
Emily Amici	3 Hamline	69.03	5/9-10 MIAC Championshi
Brittney Kolstad	1 Concordia Moorhead	70.61	5/9-10 MIAC Championshi
Kaitlin Rattigan	1 St. Thomas	70.78	5/9-10 MIAC Championshi
Gina Michaels	1 St. Thomas	71.39	5/4 St. Thomas Invitati
Ashley Aggen	1 St. Benedict	71.95	5/9-10 MIAC Championshi
Casey Baustian	4 St. Olaf	72.90	5/9-10 MIAC Championshi
Jessica Wicks	1 Gustavus	73.26	5/9-10 MIAC Championshi
Rachel Meemken	1 Hamline	73.40	5/9-10 MIAC Championshi
20			
Amanda Manship	2 St. Catherine	73.74	4/30 Tommie Twilight
Alexa Kleingartner	1 Concordia Moorhead	74.15	4/5 Northern St. Open
Katie Brown	1 St. Benedict	74.67	4/19 Manitou Classic
Brittney Christianson	3 Concordia Moorhead	74.75	3/22 Disney Invite
Kayla Johnson	2 St. Olaf	74.82	5/9-10 MIAC Championshi
Beth Anderson	1 St. Benedict	76.05	5/3 Ron Masanz Invitati
Lisa Skildum	4 St. Olaf	76.65	4/30 Tommie Twilight
=====	Last 2007 qualifier	81.73	
Anne Krueger	1 Gustavus	82.85	5/9-10 MIAC Championshi
28 entrants			

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3000M STEEPLECHASE

=====	NCAA Automatic	10:44.00	
Katie Theisen	3 St. Thomas	10:59.98	4/19 Manitou Classic
=====	NCAA Provisional	11:13.00	
Anne Iddins	4 St. Thomas	11:14.72	5/9-10 MIAC Championshi
Lisa Skildum	4 St. Olaf	11:27.10	5/9-10 MIAC Championshi
Ashley Irons	1 St. Benedict	11:29.76	5/9-10 MIAC Championshi
Casey Baustian	4 St. Olaf	11:30.62	5/9-10 MIAC Championshi
Greta Sieve	2 St. Catherine	11:32.97	4/19 Manitou Classic
Freya Fitzer	3 Hamline	11:34.90	5/9-10 MIAC Championshi
Irene Koplinka-Loehr	2 Carleton	11:38.00	3/22 Point Loma Nazaren
Marit Swartout	4 St. Benedict	12:02.24	5/9-10 MIAC Championshi
Anna Hagen	2 Concordia Moorhead	12:17.03	5/9-10 MIAC Championshi
10			
Laura Secor	1 Gustavus	12:22.13	4/19 Manitou Classic
Sarah Stergios	3 St. Benedict	12:25.05	5/9-10 MIAC Championshi
Brittney Christianson	3 Concordia Moorhead	12:30.91	5/9-10 MIAC Championshi
Becca Arnhalt	1 St. Benedict	12:45.22	5/3 Ron Masanz Invitati
Kendra Bengtson	3 Concordia Moorhead	12:47.27	5/9-10 MIAC Championshi
=====	Last 2007 qualifier	12:47.94	
Sarah Willis	4 Gustavus	12:49.89	5/9-10 MIAC Championshi
Caitlin Schnettler	1 St. Benedict	13:15.99	5/3 Ron Masanz Invitati
Kym Koenig	4 St. Benedict	13:25.42	4/30 Tommie Twilight
Andrea Swentik	4 St. Benedict	13:30.61	4/19 Manitou Classic
Tara Dewitt	2 St. Benedict	13:36.96	4/5 Wartburg Select
20			
Rachel Rothendler	1 Carleton	13:38.82	4/30 Tommie Twilight
21 entrants			

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4X100 METER RELAY

=====	NCAA Automatic	47.30	
St. Thomas (Nikki Arola, Shionna Evans, Jenna Ewing, Kate Staat)		47.84	5/9-10 MIAC Championshi
=====	NCAA Provisional	48.65	
Bethel (Autumn Adkins, Vanessa Moore, Michaela Otto, Jennae Palmer)		49.44	5/9-10 MIAC Championshi
Hamline (Nicole Brohmer, Rosa Gauthier-Culnane, Tami Klenke, Angela Lindekugel)		50.28	5/9-10 MIAC Championshi
Gustavus	Gustavus	50.31	5/4 Meet of the UnSaint
St. Benedict (Annie Clintsman, Jillian Daleidan, Patty King, Abby Neigebauer)		50.38	5/9-10 MIAC Championshi
St. Catherine (Kayla Engel, Kim Engel, Chi Chi Obi, Jamie Wenzel)		50.66	5/9-10 MIAC Championshi
Saint Mary's	Saint Mary's	50.89	5/2 Central Open
Concordia Moorhead	Concordia Moorhead	51.19	4/25 Drake Relays
Carleton	Carleton	51.72	5/4 Meet of the UnSaint
Macalester (Emily Matthews, Mari Mejia, Madelyn Mette, Celeste Prince)		51.87	5/9-10 MIAC Championshi
10			
St. Olaf (Allison Mills, Becca Neuger, Kathryn Thompson, Sheryl West)		51.95	5/9-10 MIAC Championshi
Concordia Moorhead (Kristina Bruns, Alexa Kleingartner, Ruth Ranum, Tara Ray)		52.03	5/9-10 MIAC Championshi

12 entrants

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4X400 METER RELAY

=====	NCAA Automatic	3:49.60	
St. Thomas	St. Thomas	3:54.77	5/4 St. Thomas Invitati
=====	NCAA Provisional	3:56.00	
St. Benedict (Alyx Chapman, Jillian Daleidan, Ashley Irons, Patty King)		3:58.56	5/9-10 MIAC Championshi
Hamline (Kameron Argiannis, Nicole Brohmer, Sara Burns, Rosa Gauthier-Culnane)		3:59.38	5/9-10 MIAC Championshi
Gustavus (Chelsea Craven, Abby Karl, Megan Lundgren, Elizabeth Pringle)		4:01.18	5/9-10 MIAC Championshi
St. Catherine (Kayla Engel, Kim Engel, Amanda Manship, Jamie Wenzel)		4:02.50	5/9-10 MIAC Championshi
St. Olaf (Alison Millis, Becca Neuger, Brady Pennig, Kathryn Thompson)		4:03.77	5/9-10 MIAC Championshi
Bethel (Belinda Allen, Marie Borner, Heather Jelen, Ashley Keefe)		4:07.76	5/9-10 MIAC Championshi
Carleton	Carleton	4:09.25	4/30 Tommie Twilight
Concordia Moorhead	Concordia Moorhead	4:13.14	4/18 Kansas Relays
Saint Mary's (Kim Koecheler, Brittany Kuehn, Joanna Pace, Kathleen Pawlowski)		4:14.71	5/9-10 MIAC Championshi
10			
Macalester (Anna Hankins, Robin Major, Tara McCoy, Maddie Mette)		4:15.14	5/9-10 MIAC Championshi
Macalester	Macalester	4:15.49	4/5 Hamline Invite

12 entrants

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4X800 METER RELAY

St. Thomas (Betsy Hupp, Kelly Russ, Erin Sprangers, Katie Theisen)	9:08.67	5/9-10 MIAC Championshi
Bethel (Marie Borner, Heather Jelen, Kayla Jelen, Alex Potter)	9:24.39	5/9-10 MIAC Championshi
St. Benedict (Alyx Chapman, Ashley Irons, Molly Noel, Kaylee Rasmussen)	9:28.92	5/9-10 MIAC Championshi
Gustavus (Abby Karl, Megan Lundgren, Sam Madsen, Laura Secor)	9:29.65	5/9-10 MIAC Championshi
St. Olaf (Laura Cook, Alison Millis, Christina Roberts, Abby Smith)	9:31.27	5/9-10 MIAC Championshi
Carleton (Sarah Forzley, Lauren Milne, Laura Roach, Katherine Wingert)	9:35.47	5/9-10 MIAC Championshi
Hamline (Sara Burns, Freya Fitzer, Sara Holland, Jess Kociasak)	9:42.66	5/9-10 MIAC Championshi
Concordia Moorhead (Brittney Christianson, Anna Hagen, Ali Parsons, Amanda Simon)	9:45.89	5/9-10 MIAC Championshi
Macalester (Anna Hankins, Robin Major, Tara McCoy, Libby Tollefson)	9:50.90	5/9-10 MIAC Championshi
Augsburg (Kim Carlson, Kelsie Lungstrom, Brianna McLuen, Sarah Peloquin)	10:51.12	5/9-10 MIAC Championshi

10
10 entrants

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LONG JUMP

=====	NCAA Automatic	5.80m (19-0 1/2)	
=====	NCAA Provisional	5.52m (18-1 1/2)	
Selina Dehn	4 St. Thomas	5.39m (17-8 1/4)[+2.3w]	5/9-10 MIAC Championshi
Janey Helland	1 Gustavus	5.32m (17-5 1/2)[+1.6w]	5/9-10 MIAC Championshi
Rosa Gauthier-Culnane	1 Hamline	5.29m (17-4 1/4)[+1.2w]	5/9-10 MIAC Championshi
Sari Lindeman	4 Gustavus	5.27m (17-3 1/2)[+1.9w]	5/4 Meet of the UnSaint
Michaela Otto	2 Bethel	5.16m (16-11 1/4)	5/3 Ron Masanz Invitati
Tami Klenke	4 Hamline	5.16m (16-11 1/4)	3/15 Point Loma
Megan Krumrie	3 Augsburg	5.11m (16-9 1/4)	4/19 Manitou Classic
Ali Galzki	2 St. Benedict	5.10m (16-8 3/4)	3/29 CSB/SJU Invitation
Julianna Gorder	1 St. Thomas	5.09m (16-8 1/2)	4/30 Tommie Twilight
Leah Kay	2 Concordia Moorhead	5.08m (16-8)	5/2 MIAC Heptathlon
10			
Amanda Bakken	2 Concordia Moorhead	5.05m (16-7)[+3.0w]	4/15 Cobber Twilight
Katelyn Anderson	1 Hamline	5.05m (16-7)	3/15 Point Loma
Becky Theisen	1 St. Thomas	5.04m (16-6 1/2)	5/4 St. Thomas Invitati
Amy Neubauer	1 Bethel	5.03m (16-6)	5/3 Ron Masanz Invitati
Chi Chi Obi	3 St. Catherine	5.03m (16-6)	5/4 Meet of the UnSaint
Kristina Bruns	3 Concordia Moorhead	5.03m (16-6)[+1.1w]	4/15 Cobber Twilight
Valerie Glynn	1 Concordia Moorhead	4.95m (16-3)[+2.7w]	4/15 Cobber Twilight
Mary Otis	3 Concordia Moorhead	4.93m (16-2 1/4)	3/29 CSB/SJU Invite
Alyssa Salomone	3 St. Thomas	4.91m (16-1 1/2)	5/4 St. Thomas Invitati
Tara Ray	2 Concordia Moorhead	4.88m (16-0 1/4)	5/2 MIAC Heptathlon
20			
Gustie Garberich	4 St. Benedict	4.82m (15-9 3/4)	4/30 Tommie Twilight
=====	Last 2007 qualifier	4.79m (15-8 3/4)	
Megan Lundgren	1 Gustavus	4.78m (15-8 1/4)	4/5 Central Invitationa
Teri Heinzen	2 Saint Mary's	4.77m (15-7 3/4)	4/5 Falcon Invite
Majra Mucic	1 Macalester	4.76m (15-7 1/2)	4/5 Hamline Invite
Brasil Perez-Lukes	1 Carleton	4.70m (15-5)	3/22 Point Loma Invitat
Brasil Perez-Lucus	1 Carleton	4.70m (15-5)	3/22 Point Loma Nazaren
Holly Blaiser	1 Augsburg	4.65m (15-3 1/4)	4/30 Tommie Twilight
Meredith Halling	2 Gustavus	4.65m (15-3 1/4)	4/5 Central Invitationa

Hannah Zelmer	1	St. Olaf	4.64m (15-2 3/4)	5/4 St. Thomas Invitati
Huldeh Omesa	2	Bethel	4.63m (15-2 1/4)	4/5 Central Invitationa
30				
Emily Amici	3	Hamline	4.61m (15-1 1/2)	4/19 Manitou Classic
Yusi He	3	Carleton	4.56m (14-11 1/2)	4/5 Hamline Invitationa
Laura Lynch	3	Gustavus	4.55m (14-11 1/4)	4/19 Manitou Classic
Alyssa Deutschmann	1	Concordia Moorhead	4.55m (14-11 1/4)[+0.4w]	4/15 Cobber Twilight
Mari Mejia	1	Macalester	4.55m (14-11 1/4)	3/29 CSB Invite
Katlin Anderson	3	Concordia Moorhead	4.54m (14-10 3/4)[+2.7w]	4/14 Team Nodak Heptath
Macey Bentley	1	Concordia Moorhead	4.52m (14-10)[+0.2w]	4/15 Cobber Twilight
Shionna Evans	3	St. Thomas	4.49m (14-8 3/4)	4/19 Manitou Classic
Nicki Ainsworth	1	Gustavus	4.43m (14-6 1/2)	4/19 Manitou Classic
Kendra Mays	3	Gustavus	4.41m (14-5 3/4)	4/5 Central Invitationa
40				
Jamie Kelly	1	Hamline	4.40m (14-5 1/4)	4/5 Hamline Invite
Bridget Coffou	1	Saint Mary's	4.21m (13-9 3/4)	4/5 Falcon Invite
Alex Dunn	1	Carleton	4.20m (13-9 1/2)	4/5 Hamline Invitationa
Kyla Walter	1	Carleton	4.08m (13-4 3/4)	4/5 Hamline Invitationa
Ashley Aggen	1	St. Benedict	3.97m (13-0 1/4)	3/29 CSB/SJU Invitation
Agnes Kigwana	3	Augsburg	3.91m (12-10)	4/5 Hamline Invite
46 entrants				

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TRIPLE JUMP

=====		NCAA Automatic	12.00m (39-4 1/2)	
Selina Dehn	4	St. Thomas	11.75m (38-6 3/4)[+1.4w]	5/9-10 MIAC Championshi
Sari Lindeman	4	Gustavus	11.44m (37-6 1/2)[+1.3w]	5/9-10 MIAC Championshi
Valerie Glynn	1	Concordia Moorhead	11.25m (36-11)[+0.7w]	4/15 Cobber Twilight
=====		NCAA Provisional	11.25m (36-11)	
Katie Theisen	3	St. Thomas	11.06m (36-3 1/2)	4/19 Manitou Classic
Jennae Palmer	4	Bethel	11.06m (36-3 1/2)	4/5 Central Invitationa
Laura Lynch	3	Gustavus	10.70m (35-1 1/4)	4/5 Central Invitationa
Ali Galzki	2	St. Benedict	10.62m (34-10 1/4)	4/30 Tommie Twilight
Kristina Bruns	3	Concordia Moorhead	10.60m (34-9 1/2)[+0.3w]	4/15 Cobber Twilight
Annie Eckhoff	2	Carleton	10.49m (34-5)[+2.3w]	5/9-10 MIAC Championshi
Gustie Garberich	4	St. Benedict	10.46m (34-4)	4/30 Tommie Twilight
10				
Julianna Gordier	1	St. Thomas	10.40m (34-1 1/2)	4/30 Tommie Twilight
Majra Mucic	1	Macalester	10.39m (34-1 1/4)	4/30 Tommie Twilight
Rachel Borka	1	St. Thomas	10.38m (34-0 3/4)[+1.6w]	4/19 Manitou Classic
Katelyn Anderson	1	Hamline	10.27m (33-8 1/2)[+1.8w]	5/9-10 MIAC Championshi
Leah Kay	2	Concordia Moorhead	10.21m (33-6)	3/22 Disney Invite
Amanda Bakken	2	Concordia Moorhead	10.11m (33-2)[+0.4w]	4/15 Cobber Twilight
Becca Neuger	1	St. Olaf	10.03m (32-11)	4/19 Manitou Track Clas
Alyssa Deutschmann	1	Concordia Moorhead	9.94m (32-7 1/2)	4/13 NDSU Bison Open
Lindsey TeBrake	3	Gustavus	9.85m (32-3 3/4)	4/19 Manitou Classic
Meredith Halling	2	Gustavus	9.67m (31-8 3/4)	4/5 Central Invitationa
20				
Macey Bentley	1	Concordia Moorhead	9.64m (31-7 1/2)[+0.2w]	4/15 Cobber Twilight
Stacey Sellner	2	Concordia Moorhead	9.53m (31-3 1/4)[-0.8w]	4/15 Cobber Twilight
Holly Blaiser	1	Augsburg	9.40m (30-10 1/4)[+1.5w]	5/4 Meet of the Unsaint
Angela Lindekugel	2	Hamline	9.11m (29-10 3/4)	4/5 Hamline Invite
Shannon Johnson	3	Gustavus	8.95m (29-4 1/2)	4/19 Manitou Classic
Tara Ray	2	Concordia Moorhead	8.95m (29-4 1/2)	3/22 Disney Invite
=====		Last 2007 qualifier	8.88m (29-1 3/4)	
Kendra Bengtson	3	Concordia Moorhead	8.30m (27-2 3/4)	3/29 CSB/SJU Invite
27 entrants				

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SHOT PUT

=====	NCAA Automatic	14.20m (46-7 1/4)	
Shara Guidry	4 St. Thomas	13.98m (45-10 1/2)	4/15 Cobber Twilight
Sam Broderius	1 Gustavus	13.17m (43-2 1/2)	5/4 Meet of the Unsaint
Lisa Brown	3 Gustavus	12.97m (42-6 3/4)	4/5 Central College Inv
=====	NCAA Provisional	12.80m (42-0)	
Carol Comp	4 St. Thomas	12.44m (40-9 3/4)	5/4 Unsaintly
Jamie Kelly	1 Hamline	12.08m (39-7 3/4)	5/1 MIAC Multi
Celestine Ventura	2 St. Catherine	11.89m (39-0 1/4)	4/5 Hamline Invite
Kaelene Lundstrum	2 Gustavus	11.88m (38-11 3/4)	5/1 MIAC heptathlon
Sara Harstad	1 Saint Mary's	11.74m (38-6 1/4)	5/9-10 MIAC Championshi
Felisha Willaert	1 St. Thomas	11.74m (38-6 1/4)	4/30 Tommie Twilight
Kristen Warren	1 Concordia Moorhead	11.56m (37-11 1/4)	3/22 Disney Invite
10			
Jenna Lewis	2 St. Thomas	11.54m (37-10 1/2)	4/30 Tommie Twilight
Steph Jurewicz	4 Hamline	11.45m (37-6 3/4)	4/30 Tommie Twilight
Sam Nothem	1 Gustavus	11.34m (37-2 1/2)	4/19 Manitou Classic
Robyn Wernberg	1 Hamline	11.25m (36-11)	3/15 Point Loma
Kierstin Nygaard	1 Concordia Moorhead	11.18m (36-8 1/4)	5/9-10 MIAC Championshi
Sara Sorbo	2 Concordia Moorhead	10.80m (35-5 1/4)	5/3 MSU-M Masanz Classi
Ashley Drake	3 Hamline	10.80m (35-5 1/4)	3/15 Point Loma
Sami Larson	2 St. Catherine	10.80m (35-5 1/4)	3/20 West Valley Invite
Larissa Hansmeier	1 Concordia Moorhead	10.57m (34-8 1/4)	4/19 UM-Morris Invite
Diana Scott	2 Gustavus	10.56m (34-7 3/4)	4/19 Manitou Classic
20			
Laura Rahman	2 Concordia Moorhead	10.52m (34-6 1/4)	4/13 NDSU Bison Open
Kelly Lovett	1 Carleton	10.49m (34-5)	4/5 Hamline Invitationa
=====	Last 2007 qualifier	10.49m (34-5)	
Jenni Schubert	1 Macalester	10.36m (34-0)	3/29 CSB Invite
Sarah Lemke	1 St. Thomas	10.31m (33-10)	4/5 Wartburg Select Mee
Anna Bauer	2 Gustavus	10.26m (33-8)	4/5 Central Inviational
Lauren Wright	2 St. Thomas	10.19m (33-5 1/4)	4/30 Tommie Twilight
Erin Leyden	1 Augsburg	10.03m (32-11)	5/4 Meet of the Unsaint
Erin Leydin	1 Augsburg	9.80m (32-2)	4/5 Hamline Invite
Heidi Golliet	2 St. Benedict	9.79m (32-1 1/2)	4/30 Tommie Twilight
Kim Kaminski	2 Saint Mary's	9.75m (32-0)	4/5 Falcon Invite
30			
Kory Bonnell	3 Concordia Moorhead	9.58m (31-5 1/4)	4/15 Cobber Twilight
Nicole Gertken	4 Concordia Moorhead	9.44m (30-11 3/4)	4/15 Cobber Twilight
Leah Kay	2 Concordia Moorhead	9.40m (30-10 1/4)	4/15 Cobber Twilight
Nicole Heitmann	1 Saint Mary's	9.38m (30-9 1/4)	4/18 Phil Esten Challen
Alissa Pehrson	1 St. Benedict	9.24m (30-3 3/4)	3/29 CSB/SJU Invitation
Johnna Kimmel	3 Concordia Moorhead	9.01m (29-6 3/4)	4/19 UM-Morris Invite
Mary Otis	3 Concordia Moorhead	8.92m (29-3 1/4)	4/13 Team Nodak Heptath
Anna Bruesewitz	1 St. Catherine	8.83m (28-11 3/4)	4/30 Tommie Twilight
Maggie Kinney	4 St. Benedict	8.69m (28-6 1/4)	4/19 Manitou Classic
Raven Parsons	4 Macalester	8.67m (28-5 1/2)	4/19 Manitou Classic
40			
Tara Ray	2 Concordia Moorhead	8.62m (28-3 1/2)	4/13 Team Nodak Heptath
Kaitlin Weis	1 Concordia Moorhead	8.54m (28-0 1/4)	3/22 Disney Invite
Jessica Ascheman	1 Concordia Moorhead	8.40m (27-6 3/4)	4/19 UM-Morris Invite
Maria Gans	1 St. Benedict	8.31m (27-3 1/4)	4/5 Wartburg Select
Ashley Aggen	1 St. Benedict	8.16m (26-9 1/4)	5/1 MIAC Heptathlon Cha
Katlin Anderson	3 Concordia Moorhead	7.88m (25-10 1/4)	4/13 Team Nodak Heptath
Katie Moir	1 St. Catherine	7.78m (25-6 1/4)	4/30 Tommie Twilight
Kyla Walter	1 Carleton	7.03m (23-0 3/4)	4/19 Manitou Classic
48 entrants			

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DISCUS THROW

=====	NCAA Automatic	46.38m (152-2)	
Shara Guidry	4 St. Thomas	46.34m (152-0)	4/15 Cobber Twilight

Carol Comp	4	St. Thomas	43.27m (141-11)	4/15 Cobber Twilight
Emily Davis	1	Concordia Moorhead	43.13m (141-6)	4/15 Cobber Twilight
Sam Broderius	1	Gustavus	42.14m (138-3)	5/4 Meet of the Unsaint
=====		NCAA Provisional	41.50m (136-2)	
Lisa Brown	3	Gustavus	40.66m (133-5)	5/4 Meet of the Unsaint
Celestine Ventura	2	St. Catherine	40.62m (133-3)	3/20 West Valley Invite
Sarah Sorvaag	4	Concordia Moorhead	40.53m (132-11)	4/5 Northern St. Open
Molly Christian	4	Carleton	40.14m (131-8)	5/9-10 MIAC Championshi
Sam Nothem	1	Gustavus	39.67m (130-2)	5/9-10 MIAC Championshi
Jenna Lewis	2	St. Thomas	39.46m (129-5)	5/9-10 MIAC Championshi
10				
Felisha Willaert	1	St. Thomas	38.68m (126-11)	4/5 Wartburg Select Mee
Robyn Wernberg	1	Hamline	38.42m (126-0)	3/15 Point Loma
Anna Bauer	2	Gustavus	36.08m (118-4)	5/9-10 MIAC Championshi
Nicole Heitmann	1	Saint Mary's	35.88m (117-8)	5/2 Central Open
Laura Rahman	2	Concordia Moorhead	35.61m (116-10)	4/13 NDSU Bison Open
=====		Last 2007 qualifier	34.55m (113-4)	
Larissa Hansmeier	1	Concordia Moorhead	34.49m (113-2)	3/22 Disney Invite
Lindsey Hoye	3	Gustavus	34.09m (111-10)	5/4 Meet of the Unsaint
Melissa Hendrickx	3	St. Benedict	34.06m (111-9)	5/9-10 MIAC Championshi
Diana Scott	2	Gustavus	33.36m (109-5)	4/19 Manitou Classic
Kierstin Nygaard	1	Concordia Moorhead	33.15m (108-9)	4/26 Al Cassell Relays
20				
Jessica Ascheman	1	Concordia Moorhead	33.10m (108-7)	4/15 Cobber Twilight
Kristen Warren	1	Concordia Moorhead	32.97m (108-2)	5/3 MSU-M Masanz Classi
Kim Kaminski	2	Saint Mary's	32.65m (107-1)	4/5 Falcon Invite
Johnna Kimmel	3	Concordia Moorhead	31.20m (102-4)	4/5 Northern St. Open
Lauren Wright	2	St. Thomas	31.00m (101-8)	4/5 Wartburg Select Mee
Melissa Fujan	2	St. Benedict	30.19m (99-0)	4/19 Manitou Classic
Erin Leydin	1	Augsburg	29.80m (97-9)	4/5 Hamline Invite
Joleen Sterner	2	St. Catherine	29.64m (97-3)	5/4 Meet of the Unsaint
Sara Harstad	1	Saint Mary's	29.05m (95-3)	4/5 Falcon Invite
Sara Sorbo	2	Concordia Moorhead	28.39m (93-1)	4/13 NDSU Bison Open
30				
Kelly Lovett	1	Carleton	28.05m (92-0)	4/5 Hamline Invitationa
Jenni Schubert	1	Macalester	27.46m (90-1)	4/19 Manitou Classic
Heidi Golliet	2	St. Benedict	27.20m (89-3)	4/5 Wartburg Select
Maria Gans	1	St. Benedict	26.58m (87-2)	5/3 Ron Masanz Invitati
Nicole Gertken	4	Concordia Moorhead	26.16m (85-10)	4/15 Cobber Twilight
Kaitlin Weis	1	Concordia Moorhead	24.58m (80-7 3/4)	4/26 Al Cassell Relays
Raven Parsons	4	Macalester	23.89m (78-4 1/2)	4/5 Hamline Invite
Anna Bruesewitz	1	St. Catherine	23.37m (76-8 1/4)	3/20 West Valley Invite
Kory Bonnell	3	Concordia Moorhead	19.25m (63-2)	4/13 NDSU Bison Open

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HAMMER THROW

=====		NCAA Automatic	52.60m (172-7)	
Shara Guidry	4	St. Thomas	49.02m (160-10)	4/30 Tommie Twilight
Carol Comp	4	St. Thomas	48.92m (160-6)	5/9-10 MIAC Championshi
=====		NCAA Provisional	46.00m (150-11)	
Sarah Sorvaag	4	Concordia Moorhead	45.20m (148-3)	5/9-10 MIAC Championshi
Anna Bauer	2	Gustavus	43.68m (143-4)	5/9-10 MIAC Championshi
Celestine Ventura	2	St. Catherine	43.22m (141-9)	5/9-10 MIAC Championshi
Molly Christian	4	Carleton	43.19m (141-8)	4/19 Manitou Classic
Diana Scott	2	Gustavus	42.78m (140-4)	5/4 Meet of the Unsaint
Ashley Drake	3	Hamline	42.57m (139-8)	3/15 Point Loma
Megan Honan	2	St. Thomas	42.16m (138-4)	4/19 Manitou Classic
Jenna Lewis	2	St. Thomas	40.15m (131-8)	5/9-10 MIAC Championshi
10				
Raven Parsons	4	Macalester	39.72m (130-4)	5/9-10 MIAC Championshi
Kierstin Nygaard	1	Concordia Moorhead	39.53m (129-8)	4/26 Al Cassell Relays
Diane Moliva	3	Concordia Moorhead	38.92m (127-8)	4/15 Cobber Twilight
=====		Last 2007 qualifier	37.64m (123-6)	

Sarah Lemke	1 St. Thomas	37.62m (123-5)	5/4 Unsaintly
Kory Bonnell	3 Concordia Moorhead	37.60m (123-4)	4/5 Northern St. Open
Kaitlin Weis	1 Concordia Moorhead	37.47m (122-11)	4/26 Al Cassell Relays
Lindsey Hoye	3 Gustavus	37.46m (122-11)	5/4 Meet of the UnSaint
Sara Harstad	1 Saint Mary's	37.40m (122-8)	5/9-10 MIAC Championshi
Heidi Golliet	2 St. Benedict	37.17m (121-11)	5/3 Ron Masanz Invitati
Sam Nothem	1 Gustavus	36.86m (120-11)	4/5 Central Inviational
20			
Felisha Willaert	1 St. Thomas	36.80m (120-9)	4/19 Manitou Classic
Sami Larson	2 St. Catherine	36.52m (119-10)	4/30 Tommie Twilight
Therese Owen	4 Bethel	35.95m (117-11)	4/19 Manitou Classic
Robyn Wernberg	1 Hamline	35.39m (116-1)	4/30 Tommie Twilight
Lauren Wright	2 St. Thomas	34.58m (113-5)	4/30 Tommie Twilight
Sam Broderius	1 Gustavus	33.78m (110-10)	4/5 Central Inviational
Kim Kaminski	2 Saint Mary's	33.42m (109-8)	4/5 Falcon Invite
Johnna Kimmel	3 Concordia Moorhead	32.70m (107-3)	4/19 UM-Morris Invite
Emily Davis	1 Concordia Moorhead	32.31m (106-0)	4/5 Northern St. Open
Nicole Gertken	4 Concordia Moorhead	32.22m (105-8)	4/26 Al Cassell Relays
30			
Erin Leyden	1 Augsburg	30.98m (101-8)	5/4 Meet of the UnSaint
Erin Leydin	1 Augsburg	30.95m (101-6)	4/5 Hamline Invite
Katie Moir	1 St. Catherine	28.44m (93-4)	5/4 Meet of the UnSaint
Alissa Pehrson	1 St. Benedict	28.18m (92-5)	4/19 Manitou Classic
Maria Gans	1 St. Benedict	27.64m (90-8)	4/19 Manitou Classic
Adrienne Ide	1 Concordia Moorhead	27.12m (89-0)	5/3 MSU-M Masanz Classi
Jenni Schubert	1 Macalester	27.08m (88-10)	4/30 Tommie Twilight
Larissa Hansmeier	1 Concordia Moorhead	26.51m (86-11)	4/15 Cobber Twilight
Rachel Borka	1 St. Thomas	24.88m (81-7)	4/19 Manitou Classic
Kristen Warren	1 Concordia Moorhead	20.97m (68-9 3/4)	3/22 Disney Invite
40			
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JAVELIN THROW

Lisa Brown	3 Gustavus	48.29m (158-5)	5/9-10 MIAC Championshi
=====	NCAA Automatic	44.20m (145-0)	
Katherine Brott	1 Concordia Moorhead	41.71m (136-10)	4/15 Cobber Twilight
Kelly Lovett	1 Carleton	39.19m (128-7)	5/15 UW-LAX Qualifier
=====	NCAA Provisional	38.70m (127-0)	
Kristen Warren	1 Concordia Moorhead	38.52m (126-4)	4/13 NDSU Bison Open
Annie Eckhoff	2 Carleton	38.35m (125-10)	5/4 Meet of the UnSaint
Kyley Crotty	2 St. Thomas	37.43m (122-9)	5/4 Unsaintly
Leah Kay	2 Concordia Moorhead	36.37m (119-4)	4/19 UM-Morris Invite
Katlin Anderson	3 Concordia Moorhead	35.49m (116-5)	4/14 Team Nodak Heptath
Allie Burnside	1 Concordia Moorhead	35.14m (115-3)	4/13 NDSU Bison Open
Tasha Schanz	1 Concordia Moorhead	34.78m (114-1)	4/5 Northern St. Open
10			
Sara Sorbo	2 Concordia Moorhead	34.66m (113-8)	4/5 Northern St. Open
Yusi He	3 Carleton	34.18m (112-2)	4/30 Tommie Twilight
Sami Larson	2 St. Catherine	33.75m (110-8)	4/19 Manitou Classic
Tara Ray	2 Concordia Moorhead	31.98m (104-11)	5/2 MIAC Heptathlon
Sarah Peterson	1 Concordia Moorhead	31.78m (104-3)	5/3 MSU-M Masanz Classi
Kaelene Lundstrum	2 Gustavus	31.06m (101-11)	5/2 MIAC heptathlon
Erin Dodor	3 Hamline	30.34m (99-6)	5/9-10 MIAC Championshi
Shelby Hyllengren	4 Hamline	30.11m (98-9)	4/30 Tommie Twilight
Mary Otis	3 Concordia Moorhead	29.91m (98-1)	4/15 Cobber Twilight
Emily Driemeyer	1 St. Catherine	28.35m (93-0)	4/5 Hamline Invite
20			
=====	Last 2007 qualifier	28.35m (93-0)	
Melinda Dugas	3 St. Benedict	27.60m (90-7)	4/5 Wartburg Select
Katrina Deal	1 St. Benedict	26.38m (86-6)	5/3 Ron Masanz Invitati
Sarah Meissner	3 St. Catherine	25.45m (83-6)	4/5 Hamline Invite
Steph Jurewicz	4 Hamline	25.18m (82-7)	4/5 Hamline Invite
Lauren Wright	2 St. Thomas	25.02m (82-1)	4/5 Wartburg Select Mee

Rachel Borka	1 St. Thomas	24.88m (81-7)	4/19 Manitou Classic
Jamie Kelly	1 Hamline	24.41m (80-1)	5/1 MIAC Multi
Felisha Willaert	1 St. Thomas	24.21m (79-5 1/4)	4/5 Wartburg Select Mee
Laura Rahman	2 Concordia Moorhead	24.00m (78-9)	4/19 UM-Morris Invite
Mackenzie Tappe	3 St. Olaf	23.32m (76-6 1/4)	5/4 St. Thomas Invitati
30			
Emily Amici	3 Hamline	23.24m (76-3)	4/19 Manitou Classic
Megan Honan	2 St. Thomas	22.90m (75-1 3/4)	4/5 Wartburg Select Mee
Kierstin Nygaard	1 Concordia Moorhead	22.11m (72-6 1/2)	4/13 NDSU Bison Open
Ashley Aggen	1 St. Benedict	21.97m (72-1)	5/1 MIAC Heptathlon Cha
Kim Hest	1 Concordia Moorhead	16.46m (54-0)	4/5 Northern St. Open
Maggie Kinney	4 St. Benedict	15.59m (51-1 3/4)	4/15 Cobber Twilight
Brasil Perez-Lukes	1 Carleton	14.03m (46-0 1/2)	4/19 Manitou Classic

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HIGH JUMP

=====	NCAA Automatic	1.71m (5-7 1/4)	
Kaelene Lundstrum	2 Gustavus	1.68m (5-6)	4/20 CSB Heptathlon
Leah Kay	2 Concordia Moorhead	1.66m (5-5 1/4)	3/22 Disney Invite
=====	NCAA Provisional	1.65m (5-5)	
Alyssa Salomone	3 St. Thomas	1.63m (5-4 1/4)	5/4 St. Thomas Invitati
Katlin Anderson	3 Concordia Moorhead	1.63m (5-4 1/4)	4/13 Team Nodak Heptath
Vanessa Moore	3 Bethel	1.60m (5-3)	5/9-10 MIAC Championshi
Selina Dehn	4 St. Thomas	1.57m (5-1 3/4)	5/9-10 MIAC Championshi
Alyssa Deutschmann	1 Concordia Moorhead	1.57m (5-1 3/4)	4/15 Cobber Twilight
Valerie Glynn	1 Concordia Moorhead	1.57m (5-1 3/4)	4/13 NDSU Bison Open
Rosa Gauthier-Culnane	1 Hamline	1.55m (5-1)	5/4 Unsaintly
Brasil Perez-Lukes	1 Carleton	1.55m (5-1)	4/30 Tommie Twilight
10			
Brasil Perez-Lucus	1 Carleton	1.55m (5-1)	4/30 Tommie Twilight
Mary Otis	3 Concordia Moorhead	1.54m (5-0 1/2)	4/13 Team Nodak Heptath
Mikaela Fisher	1 Hamline	1.52m (4-11 3/4)	5/9-10 MIAC Championshi
Rachel Borka	1 St. Thomas	1.52m (4-11 3/4)	5/9-10 MIAC Championshi
Michaela Fisher	1 Hamline	1.50m (4-11)	5/4 Unsaintly
Lindsey TeBrake	3 Gustavus	1.50m (4-11)	5/4 Meet of the UnSaint
Gabriela Hammerlinck	2 Augsburg	1.50m (4-11)	3/22 Dr. Pepper Invite
=====	Last 2007 qualifier	1.50m (4-11)	
Emily Amici	3 Hamline	1.47m (4-9 3/4)	5/9-10 MIAC Championshi
Autumn Adkins	4 Bethel	1.47m (4-9 3/4)	5/9-10 MIAC Championshi
Stephanie Leer	4 Concordia Moorhead	1.47m (4-9 3/4)	5/9-10 MIAC Championshi
20			
Becca Neuger	1 St. Olaf	1.47m (4-9 3/4)	5/9-10 MIAC Championshi
Stacey Sellner	2 Concordia Moorhead	1.47m (4-9 3/4)	4/13 NDSU Bison Open
Rachel Pedersen	1 Concordia Moorhead	1.41m (4-7 1/2)	3/22 Disney Invite
Jamie Kelly	1 Hamline	1.40m (4-7)	5/1 MIAC Multi
Majra Mucic	1 Macalester	1.40m (4-7)	4/30 Tommie Twilight
Melinda Dugas	3 St. Benedict	1.40m (4-7)	4/5 Wartburg Select
Tara Ray	2 Concordia Moorhead	1.37m (4-6)	5/2 MIAC Heptathlon
Kyla Walter	1 Carleton	1.37m (4-6)	4/5 Hamline Invitationa
Anna Bruesewitz	1 St. Catherine	1.35m (4-5)	4/30 Tommie Twilight
Sarah Schwalbach	1 St. Benedict	1.30m (4-3 1/4)	3/29 CSB/SJU Invitation
30			
Ashley Aggen	1 St. Benedict	1.22m (4-0)	5/1 MIAC Heptathlon Cha

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POLE VAULT

=====	NCAA Automatic	3.82m (12-6 1/4)	
Shanna Dawson	4 Gustavus	3.72m (12-2 1/2)	5/4 Meet of the Unsaint
Amie Fillmore	2 St. Olaf	3.51m (11-6 1/4)	5/4 St. Thomas Invitati
=====	NCAA Provisional	3.50m (11-5 3/4)	
Meredith Halling	2 Gustavus	3.26m (10-8 1/4)	5/9-10 MIAC Championshi
Angela McGehee	1 St. Thomas	3.26m (10-8 1/4)	5/9-10 MIAC Championshi
Kelly Nelson	2 Gustavus	3.26m (10-8 1/4)	5/9-10 MIAC Championshi
Linda Kanne	3 Gustavus	3.11m (10-2 1/2)	5/9-10 MIAC Championshi
Serina Aubrecht	3 St. Benedict	3.11m (10-2 1/2)	5/9-10 MIAC Championshi
Katelyn Anderson	1 Hamline	3.11m (10-2 1/2)	5/9-10 MIAC Championshi
Britney Daniel	1 St. Thomas	3.11m (10-2 1/2)	5/9-10 MIAC Championshi
Sarah Meissner	3 St. Catherine	3.00m (9-10)	5/4 Meet of the Unsaint
10			
Kelley Frost	1 Hamline	3.00m (9-10)	5/4 Unsaintly
Brasil Perez-Lukes	1 Carleton	3.00m (9-10)	5/4 Meet of the UnSaint
Melissa Fujan	2 St. Benedict	2.96m (9-8 1/2)	5/9-10 MIAC Championshi
Kristina Popov	1 St. Catherine	2.85m (9-4 1/4)	5/4 Meet of the Unsaint
Sarah Peterson	1 Concordia Moorhead	2.81m (9-2 1/2)	5/9-10 MIAC Championshi
Amanda Shuck	3 St. Olaf	2.76m (9-0 1/2)	5/4 St. Thomas Invitati
Rebecca Mueller	3 St. Benedict	2.74m (8-11 3/4)	4/19 Manitou Classic
=====	Last 2007 qualifier	2.65m (8-8 1/4)	
Jana Gracyzk	1 St. Benedict	2.60m (8-6 1/4)	4/5 Wartburg Select
Jessica Norman	1 St. Benedict	2.60m (8-6 1/4)	4/5 Wartburg Select
Steph Kortan	1 St. Benedict	2.59m (8-6)	4/19 Manitou Classic
20			
Pepsi Margoles	3 Carleton	2.59m (8-6)	4/19 Manitou Classic
Jennifer Ampe	1 St. Catherine	2.55m (8-4 1/4)	5/4 Meet of the Unsaint
Tasha Schanz	1 Concordia Moorhead	2.44m (8-0)	4/5 Northern St. Open
Liz Carlson	1 Hamline	2.43m (7-11 1/2)	3/15 Point Loma
Megan Johnson	3 Gustavus	2.25m (7-4 1/2)	5/4 Meet of the Unsaint
Molly Conway	4 Macalester	2.25m (7-4 1/2)	5/4 Unsaintly Meet
Arlene Behling	1 Hamline	2.15m (7-0 1/2)	4/5 Hamline Invite
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HEPTATHLON

=====	NCAA Automatic	4600	
Leah Kay	2 Concordia Moorhead	4550	5/9-10 MIAC Championshi
Kaelene Lundstrum	2 Gustavus	4430	5/9-10 MIAC Championshi
=====	NCAA Provisional	4100	
Katlin Anderson	3 Concordia Moorhead	3984	4/14 Team Nodak Heptath
Tara Ray	2 Concordia Moorhead	3836	5/9-10 MIAC Championshi
Mary Otis	3 Concordia Moorhead	3836	4/14 Team Nodak Heptath
Jamie Kelly	1 Hamline	3665	5/9-10 MIAC Championshi
Emily Amici	3 Hamline	3527	5/9-10 MIAC Championshi
Ashley Aggen	1 St. Benedict	2957	5/9-10 MIAC Championshi
8 entrants			

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